



Notice – Friday 24th December 2021

ROWING GUIDANCE DURING COVID-19

You will be aware that the Welsh Government have completed their latest review of Coronavirus restrictions and have confirmed that Wales will re-enter Alert Level 2 for regulated activities. Please find enclosed below our latest guidance to reflect this.

Welsh Sea Rowing will continue to ensure that the advice outlined for members is up to date but the situation and guidance from Welsh Government which filters through Welsh Rowing is changing. Rowers and clubs should always ensure they check relevant guidance from the Welsh Government, Local Authorities, and local waterway authorities. The latest advice from Welsh Government can be found [here](#).

Public health remains the number one priority

For more information on coronavirus (Covid-19) we recommend visiting the following additional websites:

- [Welsh Government coronavirus information](#)
- [World Health Organisation coronavirus information](#)

From 00.01 on Sunday 26th December 2021 Wales will move to Alert Level 2.

Moving to Alert Level 2 brings the following restrictions into place:

- Large events will not be allowed indoors or outdoors. The maximum number of people who can gather at an indoor event will be 30 and 50 outdoors.
- Sporting events will need to take place without spectators. There will be an exception for team sports, up to 50 spectators will be able to gather, in addition to those taking part. There is also an exception for events involving children.
- A general requirement of 2m social distancing in all premises open to the public and workplaces, where reasonable.
- The rule of six will apply to gatherings in regulated premises, such as hospitality, cinemas, and theatres. Any six people may meet in these settings as a bubble.
- All licensed premises will need to take additional measures to protect customers and staff, including table service and collecting contact details.
- Face coverings will be required in hospitality settings at all times apart from when seated

Further clarity is being sourced on what the exceptions that are in place for children and young people, both in terms of numbers allowed and spectators.

Situation Summary from 00.01 26th December 2021

On-Water/Outside Activity

On-water and outside activity is within Welsh Government guidance provided group size (50) restrictions are followed. Crew boat rowing is within guidelines for all provided strict adherence to the previously advised mitigations.

Indoor Gym Areas (S&C rooms, Erg rooms)

These areas can remain open subject to the limits on group size and social distancing.

Club Facilities (Changing Rooms, Toilets, Bar areas)

These can remain open, with renewed focus on cleaning.

Training Group Size

From **26 December 2021** - Groups of up to 50 for organised activity outdoors and 30 for organised activity indoors.

School Rowing

School clubs should follow the guidance given to them by their schools.

Travel

There are no limits to travel in the UK currently. Other restrictions are in place, so clubs are advised to check before planning overseas trips.